



Mental Health Provision at St John's C.E. School

Our children's wellbeing is at the centre of everything we do. We want every child to feel safe, happy and supported so they can thrive in their learning and in their relationships. This provision map sets out the different ways we support mental health from in school, through local services, and with wider community and national organisations.

In-School Support

Category	What We Offer	Our Aim	Contact
Whole-School Approach	PSHE curriculum, Reflection Area, Collective Worship, Celebration Assembly, behaviour policy, circle times, emotional health activities, family engagement.	Build resilience, emotional literacy, kindness and confidence	Speak to your child's class teacher, RE Lead Ms Chebbi or our Pastoral Lead, Mrs Gatward.
Welfare Support	Mental Health First Aider (Mrs Hocyk), Welfare Officer (Mrs Flanagan), Pastoral Lead (Mrs Gatward), Mother Mitzi (Mental Health and Wellbeing Governor)	Provide immediate help and guidance for children who may be struggling	Speak to your child's class teacher or contact our Welfare Officer, Mrs Flanagan, in the school office.

Local Authority & NHS Services (Enfield)

Service	What It Offers	Our Aim	Contact
E-TIPSS	Trauma-informed school support	Promote consistent, nurturing approaches	Find out more
SWERRL	SEMH support, restorative practice, family interventions	Help children manage emotions and relationships	Via school referral
Enfield CAMHS	NHS mental health support for children & young people	Assess and treat mental health needs	Tel: 020 8702 5100 · beh-tr.enfieldcamhs@nhs.net
SAFE	Rapid support for 13–18s in crisis	Provide urgent mental health help	Tel: 020 8702 4070
SCAN	Specialist team for children with severe learning or developmental needs	Tailored mental health support	Tel: 020 8702 5160
School Health Service	School nurses and health support	Promote healthy lifestyles and wellbeing	Visit site
Kooth	Free online counselling (ages 11–24)	Accessible, anonymous help for young people	www.kooth.com
Youth Alive Social Prescribing	Activities, sports, arts (ages 10–19)	Build confidence and positive mental health	More info
Perinatal Mental Health Service	Support during pregnancy and after birth	Help parents with moderate to severe needs	ncl.perinatal@candi.nhs.uk
Enfield Parent Partnership	Independent advice for parents of children with SEND	Empower parents to get the right support	Tel: 0208 373 2700
Our Voice	Parent-led support for SEND families	Improve local services and give families a voice	Tel: 07516 662315



Community & Borough-Wide Support

Service	What It Offers	Contact
Enfield SEND Local Offer	Information on services for children with SEND	Visit site
Community Parent Support	Parenting advice, family support, guidance	Tel: 020 8372 1500

National Support

Service	What It Offers	Contact
DfE Guidance	National framework for wellbeing in schools	Read guidance
Childline	24/7 helpline for children	0800 1111 · childline.org.uk
NSPCC	Safeguarding & child protection	0808 800 5000 · nspcc.org.uk
YoungMinds	Mental health advice for parents and children	youngminds.org.uk
Samaritans	24/7 listening support	116 123 · samaritans.org
Papyrus	Suicide prevention for young people	0800 068 4141 · papyrus-uk.org

If you are worried about your child's wellbeing, please speak to your child's class teacher or contact the school office.
We are here to listen and to guide you towards the right support.