

# PSHE/RSE Medium Term Curriculum Map (B)

*Differentiation by input* -Resources: see the weekly planning from Jigsaw scheme *Minimum Assessment for Learning strategies for all topics*  
 - Long term memory development strategies= Recapping pervious learning at the start of each new topic / Long term memory strategy linked to the objectives on this sheet for each week Scientific investigative skills taught throughout each unit

	<u>Autumn term 1 – Being me in my world</u>	<u>Autumn Term 2 – Celebrating difference</u>	<u>Spring Term 1 – Dreams and Goals</u>	<u>Spring Term 2 – Healthy Me</u>	<u>Summer Term 1 – Relationships</u>	<u>Summer Term 2 – Changing Me</u>
Ruby Class N/R	<ol style="list-style-type: none"> <li>Who ... me?</li> <li>How am I feeling today?</li> <li>Being at school</li> <li>Gentle hands</li> <li>Our rights</li> <li>Our responsibilities</li> </ol>	<ol style="list-style-type: none"> <li>What am I good at?</li> <li>I'm special, I'm me!</li> <li>Families</li> <li>Homes</li> <li>Making friends</li> <li>Standing up for yourself</li> </ol>	<ol style="list-style-type: none"> <li>Challenge</li> <li>Never giving up</li> <li>Setting a goal</li> <li>Obstacles and support</li> <li>Flight to the future</li> <li>Footprint awards</li> </ol>	<ol style="list-style-type: none"> <li>Everybody's body</li> <li>We like to move it, move it!</li> <li>Food glorious food</li> <li>Sweet dreams</li> <li>Keeping clean</li> <li>Safe adults</li> </ol>	<ol style="list-style-type: none"> <li>My family and me</li> <li>Make friends, make friends</li> <li>Make friends, make friends part 2</li> <li>Falling out and bullying</li> <li>Falling out and bullying part 2</li> <li>Being the best friends we can be</li> </ol>	<ol style="list-style-type: none"> <li>My body</li> <li>Respecting my body</li> <li>Growing up</li> <li>Fun and fears</li> <li>Fun and fears part 2</li> <li>Celebration</li> </ol>
Sapphire Class Year 1/2	<ol style="list-style-type: none"> <li>Hopes and fears for the year</li> <li>Rights and responsibilities</li> <li>Rewards and consequences</li> <li>Rewards and consequences</li> <li>Our learning charter</li> <li>Owning our learning charter</li> </ol>	<ol style="list-style-type: none"> <li>Assumptions</li> <li>Stereotypes</li> <li>Why does bullying happen?</li> <li>Standing up for myself and others</li> <li>We're all different</li> <li>Celebrating difference and still being friends</li> </ol>	<ol style="list-style-type: none"> <li>Goals to success</li> <li>Being healthy</li> <li>Learning with others</li> <li>A group challenge</li> <li>Being relaxed</li> <li>Celebrating our achievement</li> </ol>	<ol style="list-style-type: none"> <li>Healthy eating</li> <li>Healthy eating</li> <li>Keeping safe at home</li> <li>Safe outside</li> <li>Medicine safety</li> <li>Healthy, happy me</li> </ol>	<ol style="list-style-type: none"> <li>Families</li> <li>Keeping safe</li> <li>Friends and conflict</li> <li>Secrets</li> <li>Trust and appreciation</li> <li>Celebrating my special relationships</li> </ol>	<ol style="list-style-type: none"> <li>Life cycles in nature</li> <li>Growing from young to old</li> <li>The changing me</li> <li>Boys' and girls' bodies</li> <li>Assertiveness</li> <li>Looking ahead</li> </ol>
Diamond Class Year 3/4	<ol style="list-style-type: none"> <li>Becoming a class team</li> <li>Being a school citizen</li> <li>Rights, responsibilities and democracy</li> <li>Rewards and consequences</li> <li>Our learning charter</li> <li>Owning our learning charter</li> </ol>	<ol style="list-style-type: none"> <li>Judging by appearances</li> <li>Understanding influences</li> <li>Understanding bullying</li> <li>Problem-solving</li> <li>Special me</li> <li>Celebrating difference: How we look</li> </ol>	<ol style="list-style-type: none"> <li>Hopes and dreams</li> <li>Broken dreams</li> <li>Overcoming disappointment</li> <li>Creating new dreams</li> <li>Achieving goals</li> <li>We did it!</li> </ol>	<ol style="list-style-type: none"> <li>My friends and me</li> <li>Staying safe with friends</li> <li>Smoking and vaping</li> <li>Alcohol</li> <li>Healthy friendships</li> <li>Celebrating my inner strength and assertiveness</li> </ol>	<ol style="list-style-type: none"> <li>Jealousy</li> <li>Love and loss</li> <li>Memories</li> <li>Getting on and falling out</li> <li>Girlfriends and boyfriends</li> <li>Celebrating my relationships</li> </ol>	<ol style="list-style-type: none"> <li>Unique me</li> <li>Puberty and menstruation</li> <li>Being part of a family</li> <li>Circles of change</li> <li>Accepting change</li> <li>Looking ahead</li> </ol>
Emerald class Year 5/6	<ol style="list-style-type: none"> <li>My year ahead</li> <li>Being a global citizen</li> <li>Being a global citizen part 2</li> <li>The learning charter</li> <li>Our learning charter</li> <li>Owning our learning charter</li> </ol>	<ol style="list-style-type: none"> <li>Am I normal?</li> <li>Understanding difference</li> <li>Power struggles</li> <li>Why bully?</li> <li>Celebrating difference</li> <li>Celebrating difference part 2</li> </ol>	<ol style="list-style-type: none"> <li>Personal learning and goals</li> <li>Steps to success</li> <li>My dreams for the world</li> <li>Helping to make a difference</li> <li>Helping to make a difference part 2</li> <li>Recognising achievement</li> </ol>	<ol style="list-style-type: none"> <li>Taking responsibility</li> <li>Drugs</li> <li>Exploitation</li> <li>Gangs</li> <li>Emotional and mental health</li> <li>Managing stress and pressure</li> </ol>	<ol style="list-style-type: none"> <li>What is mental health?</li> <li>My mental health</li> <li>Love and loss</li> <li>Power and control</li> <li>Being online</li> <li>Using technology responsibly</li> </ol>	<ol style="list-style-type: none"> <li>My self-image</li> <li>Puberty</li> <li>Babies</li> <li>Boyfriends and girlfriends</li> <li>Real self and ideal self</li> <li>The year ahead</li> </ol>