



Ruby Class Termly Themes

Autumn 1 – Inside Outside	This theme encourages children to explore nature and reflect on their feelings. They observe outdoor environments and connect them to personal experiences, fostering emotional literacy. Activities balance outdoor discovery and self-reflection, helping children understand both the natural world and their inner thoughts and emotions. As they care for living things and notice the beauty around them, children begin to show <i>respect</i> for their world, themselves and one another.
Autumn 2 – Knowing Yourself	"Knowing Yourself" focuses on building self-awareness and confidence. Children explore their identities, preferences and feelings, developing an understanding of what makes them unique. Through activities like self-portraits, role-play and group discussions, they recognise their strengths, learn to manage their emotions and celebrate what makes them special. These experiences nurture <i>confidence</i> and a growing sense of belonging.
Spring 1 – Talents and Powers	This theme helps children discover their strengths and talents, whether artistic, athletic or social. Through a variety of activities, they learn to value their own abilities and appreciate the gifts of others. Working together encourages empathy, teamwork and a spirit of <i>forgiveness</i> , helping children understand that mistakes are part of learning and that kindness helps everyone grow.
Spring 2 – Sowing Seeds	"Sowing Seeds" explores both literal and personal growth. Children learn about caring for plants and the process of change, developing patience and responsibility. They also set goals, overcome challenges and take pride in their progress. This theme gently teaches <i>endurance</i> — that growth takes time, care and persistence, and that effort brings joy and reward.
Summer 1 – Celebrating Self	"Celebrating Self" encourages children to reflect on and take pride in their achievements. Through storytelling, creative displays and shared celebrations, they develop a sense of identity and self-worth. Children learn about fairness, kindness and inclusion, beginning to understand <i>justice</i> through recognising and valuing the efforts of everyone in their community.
Summer 2 – Family and Friends	"Family and Friends" focuses on relationships, empathy and understanding others. Children explore what makes families and friendships special through stories, role-play and conversation. They practise sharing, listening and helping, developing <i>compassion</i> and learning that small acts of care and kindness can make a big difference in the lives of others.